



# The Dowsters Forum

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**January/February 2005 San Jose Chapter of the American Society of Dowsters, Inc.,**  
whose mission is to embrace those who wish to experience higher consciousness through dowsing

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## Spontaneous Achievement of Your Goals

**On Saturday, January 8th, Jean Slat-ter** will be speaking on "Spontaneous Achievement of Your Goals." We have all been frustrated — we sabotage our written goals, New Year's resolutions and best intentions. Time and again, we resolve to achieve certain goals, only to revert to doing what we'd always done before. Month after month, year after year, we struggle with ourselves. But what if there was a recipe to create new energy spontaneously and effortlessly that would make successful completion of your intentions inevitable? It would be a miracle. Join us as Jean reveals this life-changing recipe and you will be amazed as your resolutions finally come

true. Jean will also explore in greater depth the principles of her book, *Hiring the Heavens*, and developing a working relationship with Spirit to assist you on your path.

Jean is a Natural Health practitioner in Loomis, CA. She has been a dowster for over ten years, and uses it as an integral part of her practice. She is an author and lecturer, and has presented at dowsing conferences for several years. She can be reached through her web site at [www.jeanslatter.com](http://www.jeanslatter.com) or email: [jeanslatter@jeanslatter.com](mailto:jeanslatter@jeanslatter.com).

## Meet Your Goals Using Muscle Testing

**On Saturday, February 12th, Dr. Charles Crowder** will be speaking on "Meet Your Goals Using Muscle Testing." Muscle testing is dowsing using your muscles as a dowsing instrument. Dr. Crowder describes how muscle testing can be used to set and attain your life goals. We will practice using attractor numbers to monitor your commitment to meeting your goals and demonstrate balancing your body's energy using "Touch For Health®" to align yourself with attaining them. This is a hands-on presentation. Be prepared to have fun.

Dr. Charles Crowder, B.S., D.C., specializes in Applied Kinesiology, Sports Chi-

ropractic, Wellness and Nutrition in his Santa Clara, California Chiropractic practice. He received a Bachelor of Science degree in Industrial Management in 1965 from California State University in San Jose, and then graduated from Palmer College of Chiropractic West in 1989 with his Doctor Of Chiropractic. Dr. Crowder is a Massage therapist (20 years), a practitioner of Yoga (15 years), Meditation (5 years) and a Certified Touch For Health instructor since 1995. He teaches Touch For Health® classes to health and fitness professionals and lay people in various locations in the Bay Area.

## ◆ MEETING LOCATION AND DIRECTIONS

We meet the second Saturday of each month at 12:30pm. The suggested donation is \$5 ASD members, \$7 non-members.

**The Divine Science Community Center** - 1540 Hicks Avenue, San Jose, CA 95125.

**DIRECTIONS from the EAST BAY:** Take 880 South - Exit at 280 toward downtown San Jose - Merge on 280 South - Exit South on Meridian Ave - Left on Minnesota - Right on Hicks to 1540

**DIRECTIONS from the SOUTH:** Take 101 North - Continue on 85 North - Take the Almaden Expressway - Continue towards Lincoln Ave - Bear right on Lincoln - Left on Pine Ave - Right on Hicks Ave. to 1540

**DIRECTIONS from the NORTH:** Take 101 South - Take 85 S towards Cupertino/Santa Cruz - Take 280 towards SF/San Jose - Continue on 280 S towards San Jose - Take Meridian Ave. exit South - Turn left on Minnesota - Turn right on Hicks Ave. to 1540.

## ◆ MEETING SCHEDULE

- 11:30 Officers and Volunteers meeting
- 12:30 Doors open ~ We start promptly at 1pm, so please be on time!
- 1:00 Announcements
- 1:30 Speaker
- 3:00 Refreshments ~ buy your raffle tickets
- 3:15 Raffle drawing
- 3:30 Workshops ~ Tips for Beginners, Self-Healing, Trouble-Shooting, Map Dowsing, Harmony Word Therapy and the Speaker's Workshop
- 5:00 Pot-luck dinner \*Please dowse to see if you should bring a crock pot entree, or a salad and include the serving utensils. We will provide bread, dessert, all paper/plastic products, and the usual tea and coffee.

## ◆ ONGOING MEETINGS

Interested healers meet the **first Saturday of each month** (Feb. 5) at Barry Smith's home in San Jose. Call (408) 238-1301 or e-mail: [dowsing@pacbell.net](mailto:dowsing@pacbell.net) for more information. Free for ASD members; \$10 non-members.

The East Bay Open Forum gathering meets the **third Sunday of each month** ( Jan. 16, Feb. 20) at Barbara Schneider's lovely home in Milpitas. Call (408) 942-1647 or e-mail: [twelvesouls@yahoo.com](mailto:twelvesouls@yahoo.com) for more information. Free for ASD members; \$10 non-members.

## ◆ SPECIAL NOTICES

"Healing Using Dowsing and Intuition" with Pete Warburton. With over 25 years of experience, Pete will assist you in becoming more conscious of and sensitive to energy. He will teach you how to work with dowsing for healing yourself and others. You will learn to feel the body's energy and using Pete's proven method of accessing emotional energy blocks, dowse your illness away. **Tuesdays**, 6~8pm at the Divine Science Community Center, Fireside Room, 1540 Hicks Ave, San Jose. \$7. No one turned away. Call Pete at (408) 733-9657 between 2~8 pm, or Cathy Coultrip at (925) 462-8576. This class is sponsored by The San Jose Chapter of the American Society of Dowsters, Inc.

The next pendulum dowsing class is on **Sunday, February 6th** from 1-5pm in Berkeley. The suggested donation is \$40, \$35 for ASD members and includes a pendulum and a packet of useful information to take home. The class is limited to ten, so register now by e-mailing: [dowershirley@hotmail.com](mailto:dowershirley@hotmail.com) or calling (510) 551-3136.

Don't forget to bring your donations for the raffle drawing and your used books. Raffle tickets are one for \$1, six for \$5 or 12 for \$10. All moneys received from the raffle drawing, the speaker's donation from their product sales and the used book sales goes towards our attendance at expos, fairs and festivals.

At regular monthly meetings, older children and young adults get in free if accompanied by an adult.

We have a Crisis Hotline for emergency situations that may benefit from absentee healing and/or prayers. E-mail: [dowershirley@hotmail.com](mailto:dowershirley@hotmail.com).

*Where there's a will there's a way. Every day:*

**D**rink enough water  
**O**mit negativity  
**W**alk outdoors  
**S**top procrastinating  
**E**njoy your life

## THE PRESIDENT'S CORNER

Shirley speaks...

A new year is upon us and starting in January we will have a new workshop with Joe Wippich titled "Harmony Word Therapy." Joe has dowsed the following statements that he believes will correct any disharmony in your body.

### **The Harmony Word Therapy**

I am bringing my physical body into true harmony with my true being from this true moment on. The divine life force energy is flowing through my original true soul, original true mind, original true ego, original true spirit, original true monad, true thought patterns, true thought forms, true emotional body, true emotional feelings, the spiritual true body, the spiritual true being, the true physical body, the true physical being, the physical illusion, the illusionary physical body, the mental body, the mental being, and this is always so. I am, I am, and I am. The efficiency and effectiveness of this word therapy is 100 percent.

I am the original complete true love and true harmony that I am. I am in complete true love and true harmony with my original true being from this true moment in this life. I am the true I am that I am. I am always in the true presence of my true being. I am the original true presence in this true love and true harmony in this life. I am, I am, and I am.

It is my divine right to release and clear all of the non-beneficial interruptions of the divine life force energy that flows out of my whole body. "I invite you to go into the white light and I bless you."

The divine life force energy is flowing through my true being 100 percent. Yes

or no? If no, repeat ten times "rethink, rethink." Continue until you get a "yes".

I am releasing, clearing and cleansing all non-beneficial interferences and interruptions within and around me, and this is so. Now I am inviting all of my true family and true friends to experience the same true word therapy. Joe invites you to repeat these statements as often as possible, and please let him know the results at the meeting.

Each month we invite you to participate in a dowsing topic. The last topic was to share your methods for recovering from those frustrating dowsing moments when things didn't work out. Or better, what was your most beneficial dowsing goof, and how did you turn it into a dowsing success? I want to sincerely thank Frank Long for the following letter.

*Hi Shirley,*

*First, let me state that it is my belief that we consciously douse in an attempt to regain that part of our intuition which was lost during our wounding and resultant separation. Those who realize the separation become more "conscious". I believe, ideally, that if we were all able to tap into those subtle first signals that we get at the onset of a situation where we need a new solution, the answers would not be answers at all, because we would not have had to ask the questions in the first place, as the solution to any problem would just "appear" to us as insight before we needed to ask for help.*

*Several years ago, I was going through the clutter in our garage and ran across an older, very sturdy briefcase that I thought I could put to some use in some project. It had a combination lock on it, the number to which I thought would be*

*easy to remember. But after trying several PIN codes, SSNs, and family birth dates, I was drawing blanks. As I became more invested in the outcome, I could feel myself getting sucked into an ego-driven answer quest.*

*It was at that point that I realized that, yes, I could actually sit down and dial in every combination by hand, in an attempt to salvage what my intuition couldn't, but why had my intuition failed me? Why, at that time, I suppose I'll never know, but my next thought was that I had to release the charge I had on the item. I remember envisioning a bottle, into which I put my "request". I then put a cork in the bottle and tossed it out there, somewhere, wherever those bottle go in the sea of lost thoughts, and had decided that if the bottle didn't come back in a reasonable time frame, then next month I would turn the briefcase into dumpster fodder.*

*Several days later, as I was driving down the road, in one of those theta-like trance states one gets into while driving, I immediately got two successive images; one of the briefcase, and immediately after that, the second image of a woman's face... the woman I had been dating several years earlier. It was her birth date that I had used as the combination to the lock.*

*This wasn't really a dowsing story, per se, but more to illustrate that we all have times when we put charges on often innocuous little things; charges that can sandbag our intuition. I suppose I could have dowsed the answer if I had the time, but that's the way that story turned out.*

*The next time you're in Half Moon Bay, stop in at Oasis Natural Foods, 523 Main St. and say "Hi" to Frank, the co-owner, and ask him about hydration!*

Bill Mundy had this to say.

*"My primary use of dowsing is for healing. Dowsing your own health is probably one of the hardest things to douse as it will always lead you to challenging how you hold your own thoughts, feelings and opinions or rather your own identity of yourself. Dowsing other's health issues can be equally challenging for the same reasons; we are more alike than different, and often illness is related to issues that we all have, but haven't yet broken down (gotten sick) ourselves. So it can be difficult bringing health or identifying the actions to someone else when we have the same problem.*

*There are lots of tricks and techniques that I have used to shift my perspective. I highly recommend that everyone explore methods on their own. That means that even if it's working, try to get it to not work.*

*I know it sounds crazy, but it's the fastest way to learn. Kids don't learn to walk by not falling down. And you don't learn to dance by not stepping on toes. Dowsing in groups is one of the best ways to do this (go to the Open Forums). Any time two dowsers get a different answer, try to see if you can get the same answer as the other Dowser, and understand why. You can do this by first trying to douse from their point of view... try to take on their perspective. Imagine you are them, or imagine that their context, or mind-set or consciousness is guiding your dowsing.*

*When you get their answer, ask why it's different than yours. I usually get an answer, and when I do, something else happens; the other person thinks you're reading their mind. What you're doing is learning someone else's point of view, and your world gets a lot bigger. Enjoy."*

Be sure and schedule a consultation with Bill today if you need problem relief, pain relief, want to explore the power of energetic influences, want more self empowerment, more from life or more life! Call (877) 762-6179; e-mail: info@reliefnow.us or

**The next topic or question is: how do you find items that have disappeared?**

or what process do you go through to return lost items to this dimension? or do you have a technique that works for finding lost items? Along this same line of questioning would be, do things actually disappear into other dimensions? Please send your responses to dowser-shirley@hotmail.com or via snail mail. Call (510) 551-3136 for the address.

Bill wants to know if anyone has a "free energy" machine or information on time travel or teleportation.

We have an expert map dowsing team available at each meeting, so if you have any questions about discordant energies in your home or workplace, we will try and answer them for you. If you are trying to locate underground water on your property, or suspect that you have negative influences affecting you such as noxious energy lines, vortexes or geopathic stress, please bring a map of your property or a drawing.

Check out [www.SeniorDiscounts.com](http://www.SeniorDiscounts.com) and be sure and visit [www.dowersofthewest.org](http://www.dowersofthewest.org) for interesting articles on dowsing and information on the 2005 Dowsing Conference Schedules.

Happy dowsing to us all in 2005,

Shirley

## Volunteer Staff

### Officers:

President: Shirley Runco; [dowersshirley@hotmail.com](mailto:dowersshirley@hotmail.com); (510) 551-3136.

First Vice President: Bill Mundy

Second Vice President: Kalena Luxon

Secretary-Treasurer: Regina Polsinelli

### Volunteers:

Refreshments/Map Dowser: Don Harmon

Technical Support/Map Dowser: Clay Smith

Mailings/Map Dowser: Dr. Syd Furman

Registration Assistants: Martha Sager, Charlene Rittenhouse, Marianne Saum

Beginning Dowsing Instructors: Bill Mundy and Kalena Luxon

Trouble Shooting Instructor: Nina Brown Miller

Dowsing For Health Instructor: Pete Warburton

Harmony Word Therapy Instructor: Joe Wippich

Newsletter Formatting: Tina Kay

Products Table Coordinator: Kathleen Young

Greeters/Support: Roger and Devera Venable

Senior Advisor: Barry Smith

WebMaster: Susan Pomeroy; [www.dowersofthewest.org](http://www.dowersofthewest.org); [susan@creatingwebsuccess.com](mailto:susan@creatingwebsuccess.com)

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TIME DATED MATERIAL

